

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

				<p>10:30 AM Bingo 12:00 PM Lunch 1:30 PM Manicures 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p> <p>New Year's Day</p>	<p>10:30 AM Undeck the Halls 12:00 PM Lunch 1:30 PM EnerG Exercises 2:00 PM Kickball 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>11:00 AM EnerG Exercises (ch. 64) 12:00 PM Lunch 2:00 PM Color Me Calm 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>
<p>10:00 AM Worship Service (ch. 64) 12:00 PM Lunch 2:00 PM Trivia 3:00 PM Coffee & Chat</p>	<p>10:30 AM Morning Stretches 11:00 AM Sit & Be Fit 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Communion 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Move & Groove 11:00 AM Ring Toss/Bean Bags 12:00 PM Lunch 1:30 PM Pokeno 3:00 PM Coffee & Chat 3:30 PM Rosary 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>9:15 AM Music w/Mike V. 11:00 AM Muscle Movers 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Church Service (Cottages) 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Bingo 12:00 PM Lunch 1:30 PM Piano w/Deb 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:00 AM Hot Cocoa Cart 12:00 PM Lunch 1:30 PM EnerG Exercises 2:00 PM Kickball 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>11:00 AM EnerG Exercises (ch. 64) 12:00 PM Lunch 2:00 PM Color Me Calm 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>
<p>10:00 AM Worship Service (ch. 64) 12:00 PM Lunch 2:00 PM Trivia 3:00 PM Coffee & Chat</p>	<p>12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Communion 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:00 AM Winter Craft 12:00 PM Lunch 1:30 PM Music w/Mike & Mary 3:00 PM Coffee & Chat 3:30 PM Rosary 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Guitar w/Bob 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Church Service (Cottages) 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Bingo 12:00 PM Lunch 1:30 PM Manicures 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Puzzles & Aqua Paints 12:00 PM Lunch 1:30 PM EnerG Exercises 2:00 PM Kickball 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>11:00 AM EnerG Exercises (ch. 64) 12:00 PM Lunch 2:00 PM Color Me Calm 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>
<p>10:00 AM Worship Service (ch. 64) 12:00 PM Lunch 2:00 PM Trivia 3:00 PM Coffee & Chat</p>	<p>10:30 AM Muscle Movers 11:00 AM Wacky Wordies 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Communion 6:00 PM Stretching/Relaxation (ch.64)</p> <p>Martin Luther King Jr. Day</p>	<p>10:30 AM Sit & Be Fit 11:00 AM Ring Toss/Bean Bags 12:00 PM Lunch 1:30 PM Music w/Special Guest Charlie Roth 3:00 PM Coffee & Chat 3:30 PM Rosary 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>9:15 AM Music w/Mike V. 11:00 AM Muscle Movers 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Church Service (Cottages) 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Bingo 12:00 PM Lunch 1:30 PM Sing Alongs w/Grant 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Manicures 12:00 PM Lunch 1:30 PM Kickball 2:00 PM Birthday Celebration 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>11:00 AM EnerG Exercises (ch. 64) 12:00 PM Lunch 2:00 PM Color Me Calm 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>
<p>10:00 AM Worship Service (ch. 64) 12:00 PM Lunch 2:00 PM Trivia 3:00 PM Coffee & Chat</p>	<p>10:30 AM Morning Stretches 11:00 AM EnerG Exercise 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Communion 6:00 PM Stretching/Relaxation (ch.64)</p> <p>Australia Day (Observed)</p>	<p>10:30 AM Music w/Rick & Jeff 12:00 PM Lunch 1:30 PM Pokeno 3:00 PM Coffee & Chat 3:30 PM Rosary 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:00 AM Movie Matinee 12:00 PM Lunch 1:30 PM Bingo 3:00 PM Coffee & Chat 3:30 PM Church Service (Cottages) 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:30 AM Bingo 12:00 PM Lunch 1:30 PM Guitar w/Bob 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>10:00 AM Hot Cocoa Cart 12:00 PM Lunch 1:30 PM EnerG Exercises 2:00 PM Kickball 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>	<p>11:00 AM EnerG Exercises (ch. 64) 12:00 PM Lunch 2:00 PM Color Me Calm 3:00 PM Coffee & Chat 6:00 PM Stretching/Relaxation (ch.64)</p>

Activities, Times & Locations are Subject to Change When Necessary.