

Good Shepherd Assisted Living

Graceful Living ~ supported here

Good Shepherd Assisted Living (Shepherd Court) and Good Shepherd Homes, Inc. (GSA) are apartment buildings licensed as Assisted Living facilities with the State of Minnesota.

Our Assisted Living services are packaged into options you may select to personalize the care you receive. Any personal care services needed are added a la carte.

Assisted Living services are a supplement to the amenities provided by living in an apartment. While we can't provide on-demand services like a nursing home, we have many services available to meet your needs.

A wide variety of activity programming is offered. Residents can choose to participate in as much or as little as they desire.

Please be aware that Good Shepherd's Assisted Living program does not include skilled nursing care, on-demand call light services, cost of medications, cost of personal items, transport devices, therapy services, two-person transfer assists, mechanical assisted lifts, unmanaged cognitive impairments, unmanaged incontinence or alarms/monitoring devices.

Basic Package \$2,200

- Nurse liaison services
- RN on-call 24/7
- Weekly light housekeeping & laundry
- Daily Safety/Personal Check
- Arrange appointments
- Emergency pendant and emergency response assist
- Monitor for Covid Symptoms
- Staff available on-site 24/7
- Monthly vitals
- Group socialization activities
- Monitor Side Rail Safety when applicable
- Minimal Behavioral Intervention at the time services are provided

Supportive Housing Package \$437

- Weekly light housekeeping
- Laundry (2 loads/wk)

Meal Package

- Three meal plan \$899/mo
- Two meal plan \$650/mo
- One meal plan \$330/mo
- Six days/wk (1 meal) \$290/mo
- Five days/wk (1 meal) \$2240/mo
- Weekend 1/day (Sat & Sun) \$98/mo

Emergency Response

- One time fee \$35
- Monthly fee \$63

Snack Package

- 2 snacks/day \$161/mo
- 1 snack/day \$82/mo

Comprehensive services available a la carte:

Nursing Supportive Services: Including medication set-up, medication reordering, and medication adjustments related to medical changes

Delegated services and medication reminders/assistance: May include medication reminders, medication administration, and assistance with diabetic care and glucometer process, all as able to be delegated by the RN

ADL Assistance: Including but not limited to assistance with scheduled bathing, grooming, dressing, exercises, ambulation, toileting, one-person transfer assists, and walking

Supportive Services: Including but not limited to assistance with escorts to meals or activities, additional verification checks, additional laundry, or housekeeping

Activity/Socialization: One-to-one socialization options





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Welcome to Good Shepherd Assisted Living

We understand that covering the cost of senior housing and services is complicated and can be very confusing. We hope this information will help you to understand our Good Shepherd Assisted Living cost structure.

Once an application to the Apartments is received and processed with a request for Assisted Living services, a nursing pre-screening is conducted by the Good Shepherd Welcome Center to make sure that Good Shepherd has the right service level to meet your needs. The pre-screen is only an estimate of potential costs and is not guaranteed. The actual cost of services is based on your individual needs as determined by a comprehensive nursing assessment conducted after moving into your apartment and starting Assisted Living services.

Housing (Rent):

The cost of rent is separate from the cost of services. Rent is typically paid for privately in Shepherd Court. However, for those who qualify, Housing Support may be available through the Human/Social Services department at your County of residence in a select number of units at Shepherd Court. For more information regarding the Housing Support program, please call your County Human/Social Services department. Rent is based on 30% of your adjusted gross income in Good Shepherd Homes, Inc. (GSA).

Upon contract signing, you will be responsible for paying a pro-rated rent for the remaining days of the month plus a security deposit. Rents vary per apartment size and/or HUD qualifications.

Services:

The cost of services is typically paid for privately, through long term care insurance, or through a Medical Assistance approved program through your County of residence. Contact your County Human/Social Services department or long term care insurance provider for more information. Services will be billed monthly; no up-front payment is due when you meet to sign the contract.

If you have any questions or need further information, please contact us. For more information on the Medical Assistance program, check out <http://www.health.state.mn.us/clearinghouse/public.htm>.

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Good Shepherd Lutheran Home Shepherd's Ridge Patio Homes Good Shepherd Apartments Shepherd Court Apartments
Shepherd Oak Apartments Shepherd Oak West Apartments Assisted Living Home Health Care
Good Shepherd Lutheran Foundation Good Shepherd Cottages Shepherd of Grace Apartments
Shepherd of Grace Assisted Living Shepherd of Grace Cottages
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