

Good Shepherd Cottages Rates

Rent & Service Rates Effective February 1st, 2026

Four factors make up the monthly fees at the Sauk Rapids Cottages: Rent which is based square footage of the unit, basic service package, meal and snack plan, and any combination of individualized services that may be needed.

1. Rent includes:

- Comfortable suite with large windows and keyed door, if preferred
- All utilities
- Complimentary Basic WIFI & Cable TV
- Secured outdoor patio with fountain, gardening area, and walking path (weather permitting).
- Secured windows.
- Electronically monitored entrance/exits – connected to radio carried by staff.
- Personal mail delivery
- Access to all the comforts of home including private family dining area.
- Rent based on unit size and bathroom style.
 - **Private bathroom \$1,297**
 - **Shared bathroom \$1,287**

2. Basic Service Package \$5,955

- RN / LPN on site to meet with as needed
- 24-hour RN on-call support to assist direct care staff
- Home Health Aide/Care Manager staffing available 24 hours a day
- Basic cueing and reminders for meals and daily events/activities
- Care conferences with families/caregivers as needed
- RN/LPN communication with physician
- At the door reminders for dressing, grooming, toileting in AM and PM
- Daily recreational & socialization activity options
- Spiritual engagement opportunities and assistance to available events weekly
- Medication Administrations up to 3 times
- Medication ordering, check-in, and communication with physician & pharmacy
- Administration of oral and one other medication administration route
- Monitoring/Supervision of up to 13 scheduled medications
- Medication changes/change-outs – Up to 2 times month
- Bathing/Shower Assist 2 time a week
- Monthly monitoring of vitals (Pulse, B/P, Weight)
- Central storage of medication
- Personal and linen laundry weekly
- Weekly housekeeping
- Reassurance and Rounding Checks
- Personal Savings Account for Personal Needs – (If Desired)

3. Meal & Snack Package \$1,084

- Three well balanced meals and snacks two times a day or access to food options 24 hours a day
- Open breakfast and “made-to-order breakfast” to accommodate life acquired sleep pattern.

4. Individualized Service Options

\$252 Each Service:

- Bath/Shower Weekly (Two included in basic)
- Daily Weights
- Daily Vitals
- Diabetic Monitoring 1 to 2 Times/Week
- Dressing and Grooming - Setup
- Housekeeping – Special Need Deep /Additional Cleaning
- Ted/Compression Socks – On/Off/Care
- Meal Set-up/Cueing/Cutting/Supplemental on the move meal
- Medication Administration – Additional administration routes (2 routes included in basic)
- Medication Administration – Each additional administration (3 administrations included in basic)
- Medication Administration – 14 or more scheduled medications
- Medication Administration – PRN’s Multi dosages/nursing monitoring
- Medication Administration – Nebulizers (Standby)
- Treatments – Physician ordered treatments: ROM/Ambulation/Other Aide Services

Individually Priced Services:

• Dressing and Grooming AM (AND) PM.....	\$ 456
• Diabetic Monitoring – Non-Insulin	\$ 341
• Diabetic Service - Level I – Monitoring / 1 type of Insulin	\$ 462
• Diabetic Service – Level II – Extended Monitoring / Multiple Insulin.....	\$ 885
• Diabetic Insulin Syringe Set-ups	\$ 462
• Oxygen Management/Monitoring.....	\$ 341
• Oxygen Assistance – Level I - Monitoring/Assistance with oxygen	\$ 462
• Oxygen Assistance – Level II – Extended Monitoring / Multiple Processes	\$ 875
• Memory Supports - Reminding and Escorting.....	\$ 333
• Memory Supports - Cueing and Interventions.....	\$ 456
• Memory Supports - Sustained Interventions and Redirection	\$ 869
• Nursing Services – Medical/Lab Work Monitoring/Adjusting	\$ 341
• Nursing Services – Aide Processing/Nursing Interventions.....	\$ 462
• Nursing Services – Aide Processing/Nursing Interventions/Specialized Needs...	\$ 875
• Toileting/Peri/Ostomy Care (Every 8 hours)	\$ 252
• Toileting/Peri/Ostomy Care (Every 4 hours)	\$ 456
• Toileting/Peri-Care/Ostomy Care (Every 2 hours)	\$ 869
• Transfer Assistance – 1 Staff.....	\$ 333